

# Santosha Class Schedule



SIGN UP FOR CLASS VIA THE MINDBODY APP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	VINYASA 1 9:00AM - 10:00AM JESSICA		VINYASA 1 9:00AM - 10:00AM JESSICA			
VINYASA 2 9:30AM - 10:30AM CHRIS		VINYASA 2 9:30AM - 10:30AM DANE		VINYASA 2 9:30AM - 10:30AM BETSY	VINYASA 1 9:30AM - 10:30AM MARTINA	VINYASA 2 10:00AM - 11:00AM DAHUI
	BONE HEALTH 11:00AM - 12:00PM KATY	YOGA BASICS 11:00AM - 12:00PM DANE	BONE HEALTH 11:00AM - 12:00PM KATY	HATHA 1 11:00AM - 12:00PM MARTINA	HATHA 1 11:00AM - 12:00PM GABRIEL	
TAI CHI 12:00PM - 1:00PM JAMIE	YIN 12:30PM - 1:30PM DAHUI			YIN 12:30PM - 1:30PM DAHUI	HATHA 2 12:30PM - 1:30PM GABRIEL	
SENIOR 2:00PM - 3:00PM ANNA						HATHA 1 4:00PM - 5:00PM MARGOT
VINYASA 2 5:30PM - 6:30PM KARI	VINYASA 2 5:30PM - 6:30PM ANNA	HATHA 2 5:30PM - 6:30PM CHRIS	VINYASA 1 5:30PM - 6:30PM ANNA			
	MEDITATION 7:00PM - 8:00PM ROTATING		YIN 7:00PM - 8:00PM DAHUI			

